



## Transport for Everyone

Caroline Whitney,  
Director for England, CTA

&

Sean Ray

Tackling Loneliness  
Coordinator, CTA



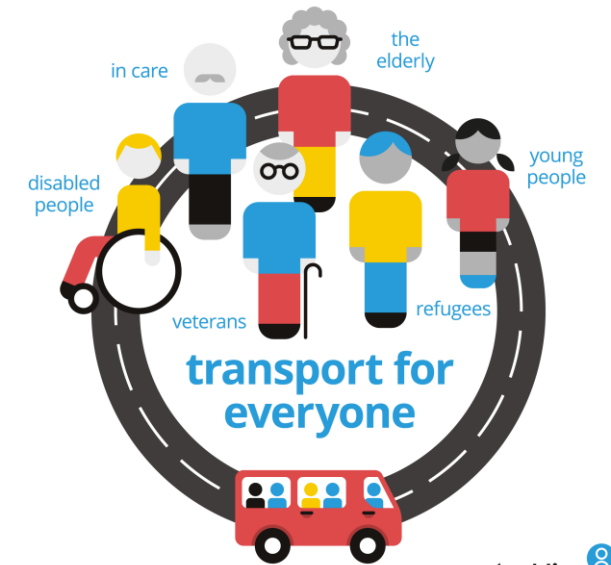
# Outline

The aims of the project

Summary of the results

Hear from our pilots

Questions





## The Project

A lifeline for people who are socially isolated, community transport helps people maintain contact

Most CT providers are small, a national CTA bid enabled the movement to deliver at scale and reach multiple communities

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18 pilot projects were chosen to ensure a diverse range of client groups, delivery models, and geographic representation across England, involving both rural and urban areas.

## Objectives

- 1 To implement and deliver a range of effective, targeted pilot community transport schemes for those at risk of loneliness
- 2 To build an evidence base on community transport services and the impact on loneliness.
- 3 To use community transport to help communities that are disproportionately affected by loneliness
- 4 To share learning and best practice across the sector.

# Research and data collection

Ensuring consistent data collection and reporting across all pilots was crucial to develop a comprehensive understanding of the impact of community transport in alleviating loneliness

Trip data

Baseline and follow up client and volunteer surveys

Volunteer and Client demographic data

Case study examples

## Loneliness Measures

### UCLA questions

1. How often do you feel that you lack companionship?
2. How often do you feel left out?
3. How often do you feel isolated from others?

### Community Life Survey

How often do you feel lonely?

# Compaid

Removing barriers. Changing lives.

# The Pilots

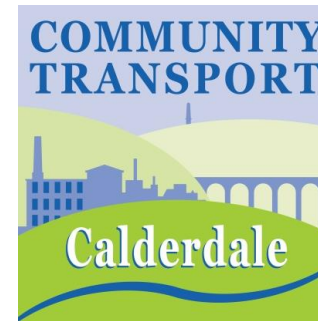
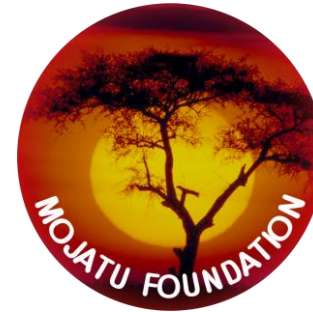
# scatransp<sup>o</sup>rt

connecting our communities

Bassetlaw



Centre



Darlington Association on Disability



Breaking Through Barriers

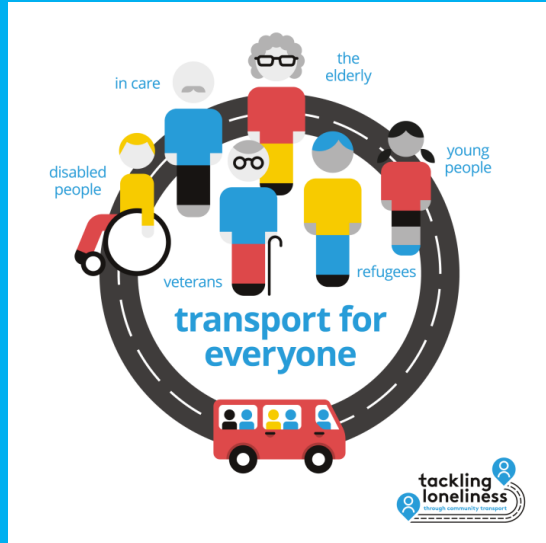


SOUTH CENTRAL COMMUNITY TRANSPORT



**NidderdalePlus**  
Community Hub





**2171 People were supported**

**1995 accessed transport**

**181 Volunteered with CT services**

**65% were female  
35% were male**

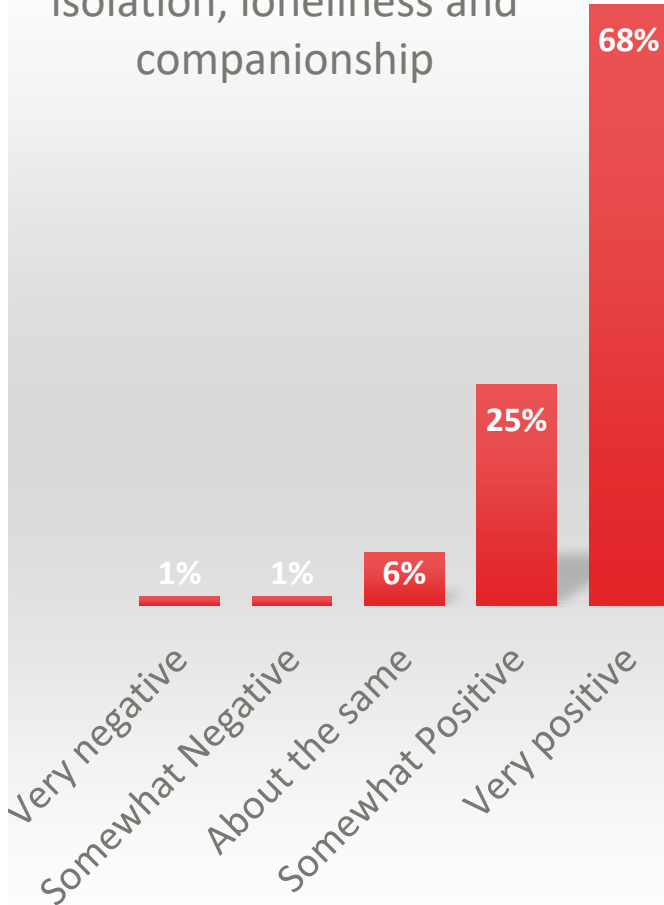
### Supporting those most at risk of loneliness

- Older people, disabled people and people with long term conditions
- People with learning disabilities
- People with dementia
- Care home residents
- Veterans
- Younger people living in rural areas
- Carers
- People from BAME backgrounds

Age	
16 - 29	13%
30 - 49	16%
50 - 69	19%
70 - 89	48%
90 +	5%



Impact on feelings of isolation, loneliness and companionship



## The impact of community transport

*"I wouldn't get out as there isn't a bus stop within walking distance for me to get to"*

*"Being able to get out and meet people has had a positive effect on my mental health"*

*"Makes me feel my disability is not a barrier"*

*"I am starting to feel more positive about the future"*

*"First time out in 3 years, such a nice day"*



*"I am not a driver. This community minibus has enriched my life and given me my independence."*

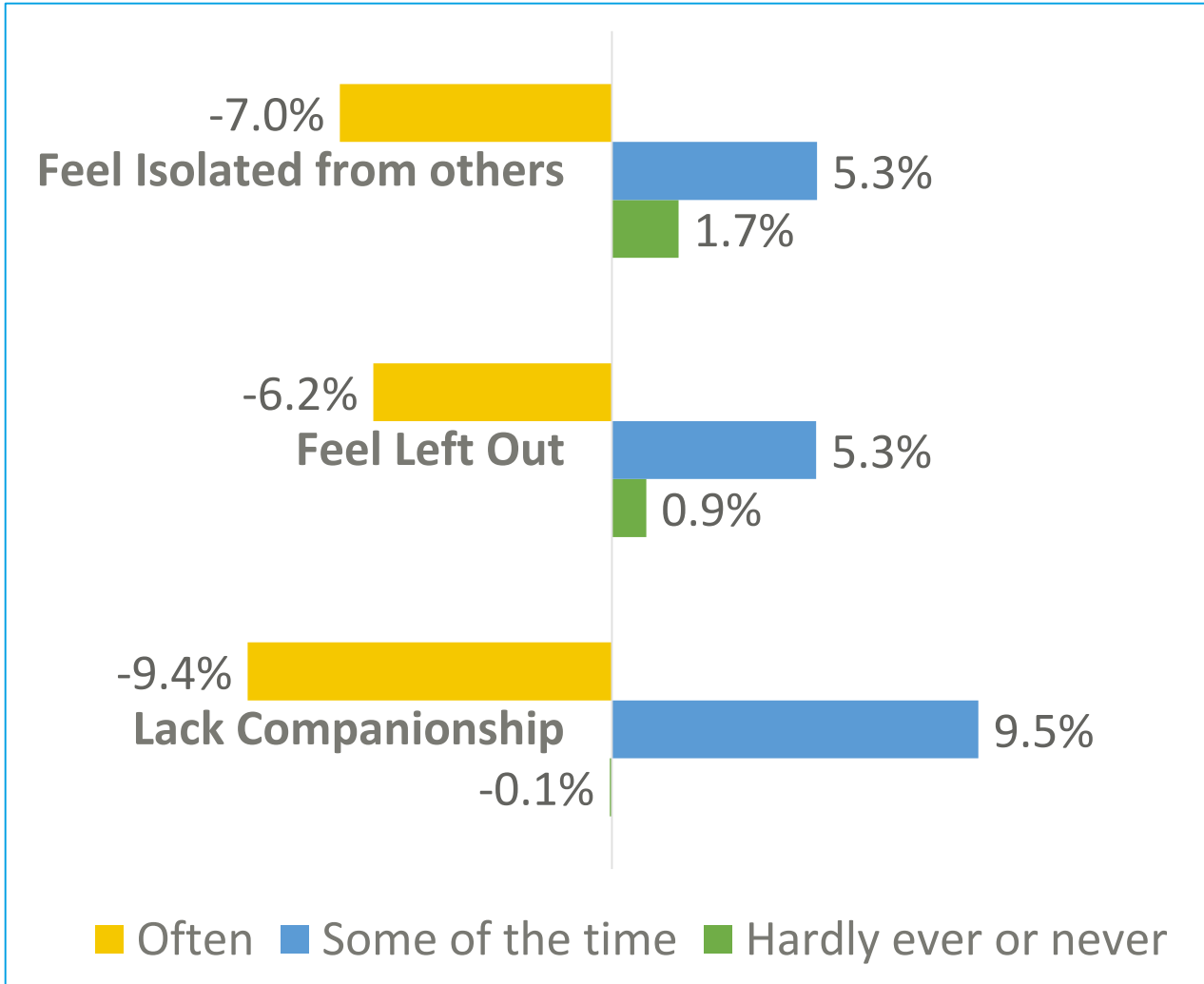
*"I got unexpectantly made redundant, so its really helped me feel my days and feel needed and useful."*

### Wider Benefit - Themes

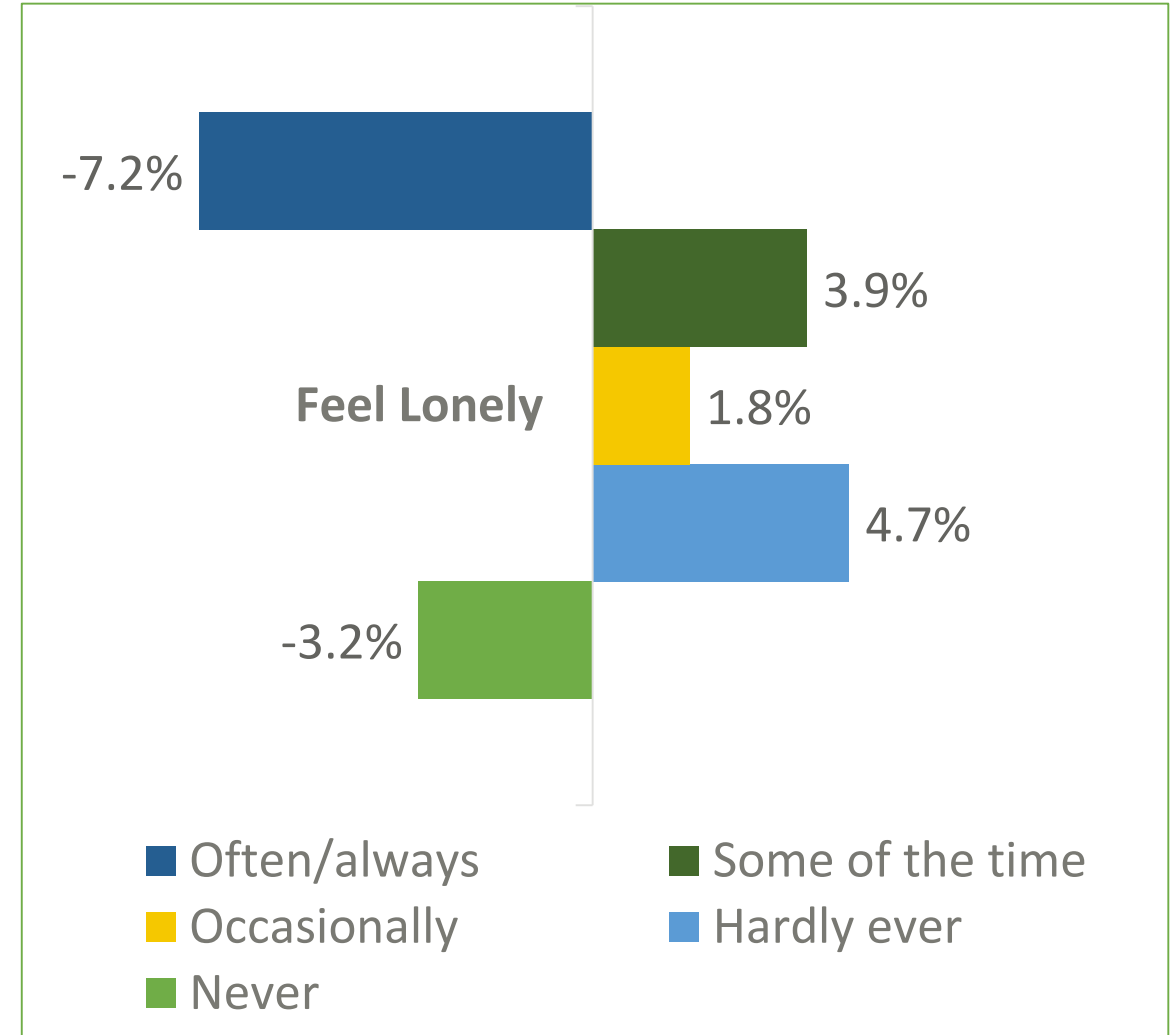
- ✿ Creating new friendships and relationships
- ✿ Feeling part of a community
- ✿ Leaving the house
- ✿ Creating independence and confidence travelling
- ✿ Benefiting carers and family members
- ✿ Trust in the driver and service
- ✿ Volunteers – having a sense of purpose and fulfilment

# Impact on loneliness – Measures

UCLA Measures



Direct Measure







## Today

Hear from the Pilots

Sharing the learning – Workshop today

## Ongoing

Contact us to implement tackling loneliness in your service



# Next Steps

## May - July

Summary of the results End of May

Sharing of full resources – End of May

Full project report due Mid June

Including the social return for the project - CT Social Value Toolkit

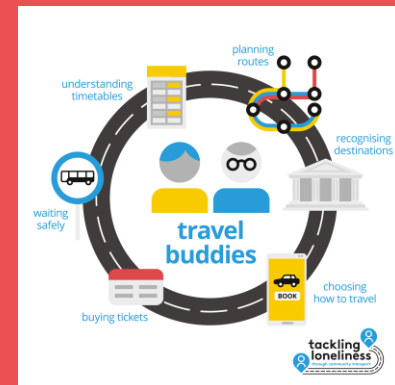


## July - Sept

Individual Project reports August

Learning from the project report for CT – August

Sharing the learning workshop - Sept



# tackling loneliness

through community transport



## Tackling Loneliness Pilot examples

