

Darling Association on Disability

Case Study – Young Volunteer

Sarah started volunteering with DAD just as the project was starting and has remained an active volunteer throughout the programme. Sarah was a college leaver at the time and was looking for opportunities to further develop her skills and knowledge in supporting disabled people.



Throughout the project Sarah engaged and supported disabled people with a range of impairments and support needs. Although, apprehensive at first, Sarah's confidence grew and was keen to learn and would seek guidance from staff and other volunteers when needed.

Throughout this time, Sarah began looking at other volunteering opportunities and successfully applied to volunteer with our Children and Young People's Service to support children to access play and leisure activities after school and during school holidays.

As a valued member of our volunteer team, Sarah has now successfully applied and been appointed as a Play Worker with our holiday play schemes, a paid position where she can further develop her skills and knowledge,

access further training and continue with her studies.

