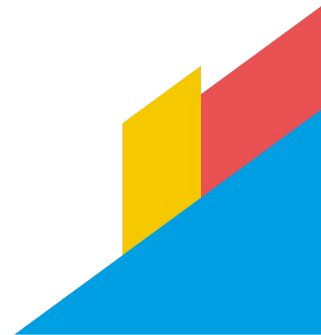


Innovation Is Not Just Digital: Thinking Outside the Box in the Delivery of Your Services

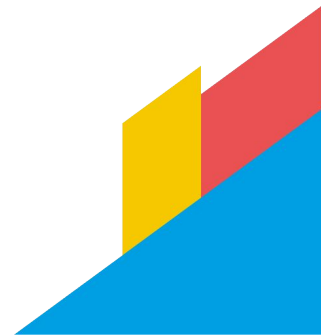
#CT23Conference

Thursday 23 November 2023





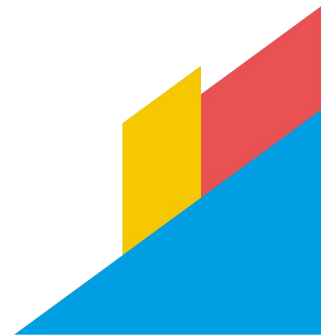
Project Summary



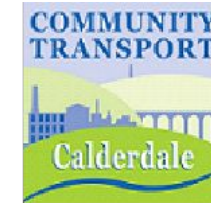
Tackling Loneliness through CT project

The project provided grant funded £405k for 18 pilot projects and helped support the sharing of knowledge around community transport loneliness interventions.

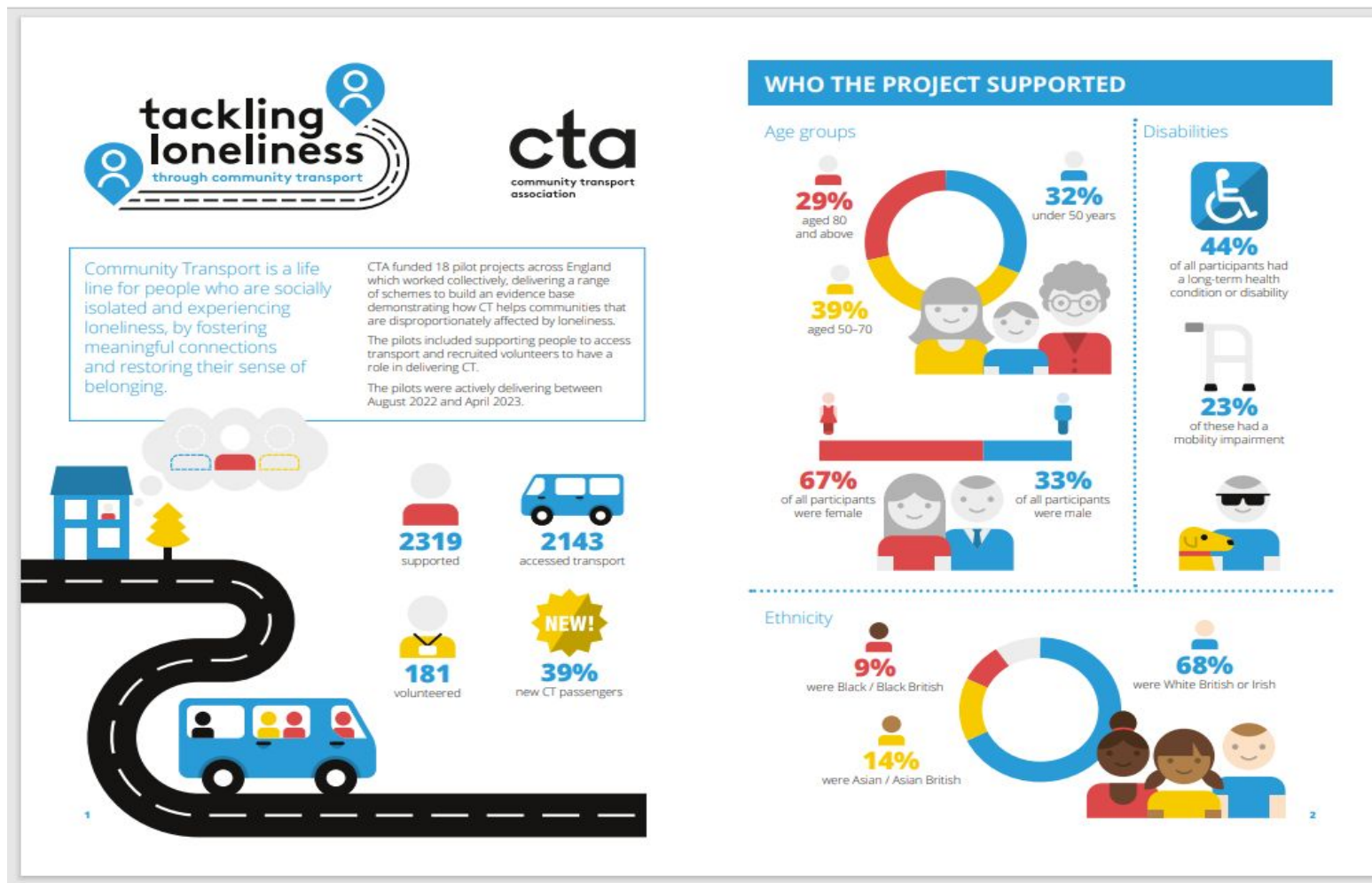
Learning from the project could potentially help operators across the UK to unlock further resources from funders in the future.



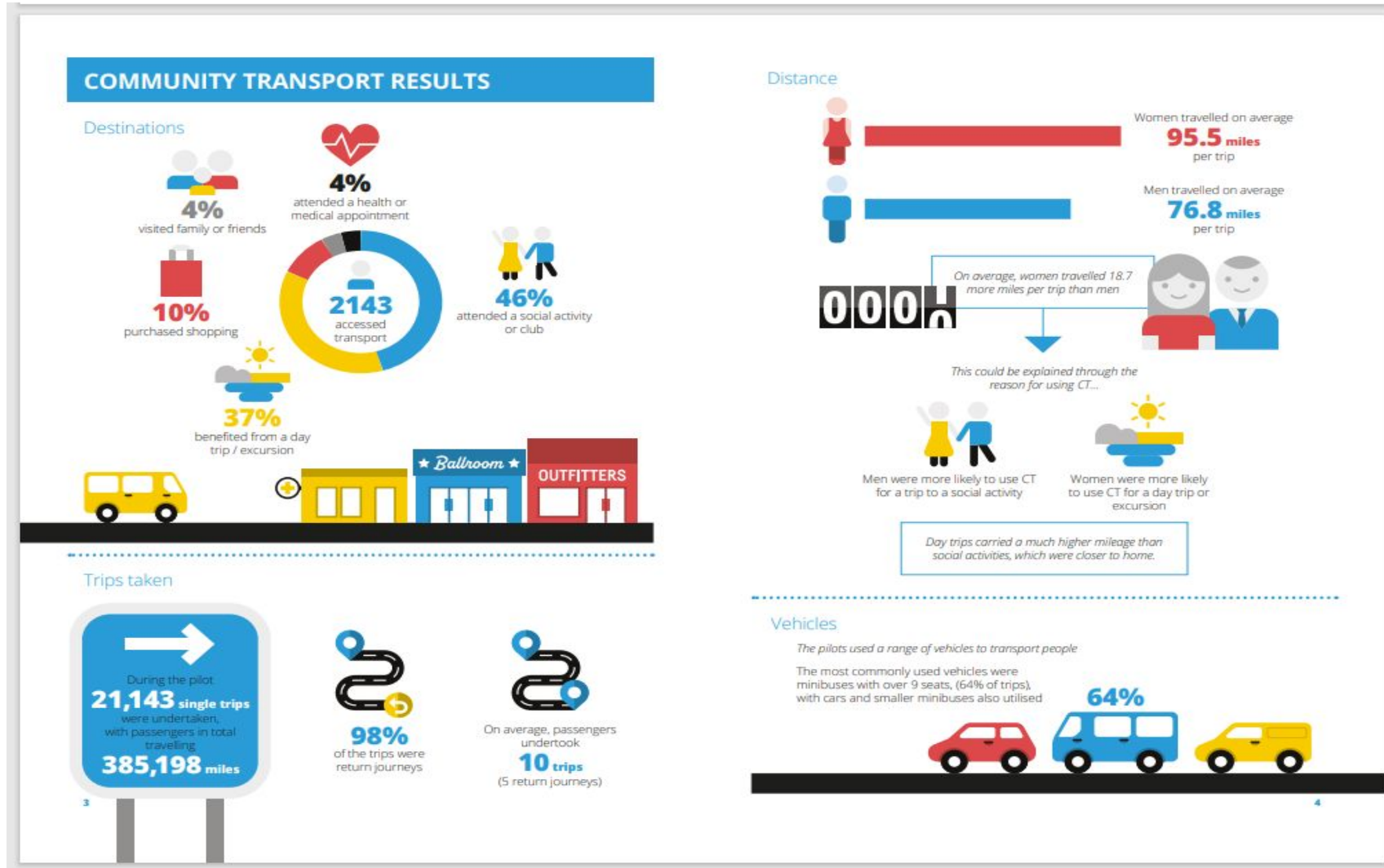
Tackling Loneliness through CT project



Tackling Loneliness through CT project



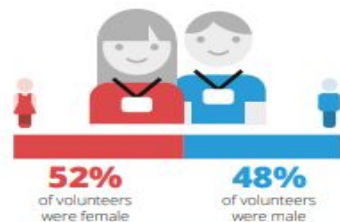
Tackling Loneliness through CT project



Tackling Loneliness through CT project

VOLUNTEERS

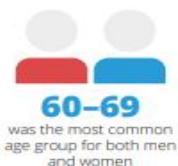
Demographics



There were slightly more women volunteering than men – however, men were more likely to volunteer more often and for more hours



Women aged under 40 were more likely to volunteer than men aged under 40



Roles

The roles undertaken were slightly different as well...



Disabilities



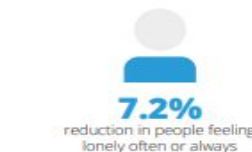
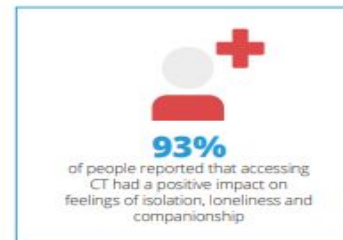
5

THE IMPACT OF COMMUNITY TRANSPORT

Measuring the impact

To measure the impact on loneliness the project utilised the Office for National Statistics (ONS) recommended loneliness questions for adults and young people. The pilots were provided with a baseline and follow-up survey to complete with clients.

The pilot data shows that overall having access to trusted and safe community transport has a positive impact on people's feelings of isolation, loneliness and companionship.



The largest movement on the scale were people moving from "often" to "some of the time". There were also minor moves between the "some of the time," "occasionally," and "hardly ever" categories.

6

Tackling Loneliness through CT project

Young people and loneliness

Data from the ONS (2021) revealed that younger people aged between 16-29 years were most likely to say they were lonely often or always.

Within our project 11% of the beneficiaries were aged 18-29. They were the 2nd most likely age group to state they felt lonely often or always in our baseline survey.

This group did see a reduction in levels of loneliness following accessing community transport, however, while they were the most likely to feel lonely, they didn't have the largest reduction from the project.

This shows that there is further work to do to impact the levels of loneliness felt by young people.



Wider benefits

In addition to impacting loneliness and isolation the people also benefited through:



Creating new friendships



Feeling part of the community



Having the support to leave the house



Creating independence and confidence travelling



Providing support and reassurance to carers and family members



Giving volunteers a sense of purpose and fulfilment



7

Social value

During the project we became interested in assessing the wider health and social care benefits of the pilots to do this we utilised the Community Transport Social Value Toolkit.

While as a pilot we had information on elements to record social value there were some gaps around staff training.

Overall the pilots combined produced a social value of £298,528 this is a return of 74p for each £1 spent on the pilots.

Although the aim is to achieve a greater than £1 return, it is important to recognise that as this was a pilot project there was a higher initial investment in some services to test innovative ideas. Considering this, it shows a positive initial return for the project.



£298,528
social value



74p
return for each
£1 spent

Reduced indirect
healthcare costs
£1,704

Increased
independent living
£15,514

Increased
volunteering
£66,996

Reduced direct
healthcare costs
£3,452



Increased level of
social interaction
£210,863



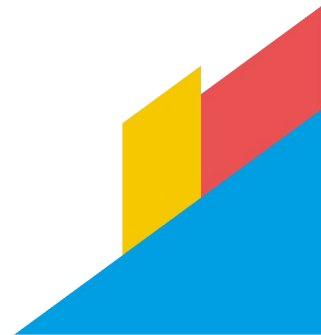


To view more information and resources produced by the pilot visit our website:
www.ctauk.org/tackling-loneliness-through-ct/

8

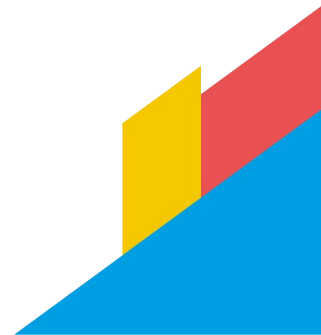


Collen Sutcliffe & Fitzroy Dawson

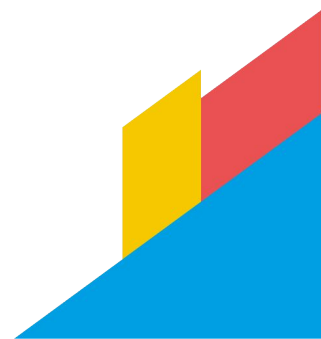
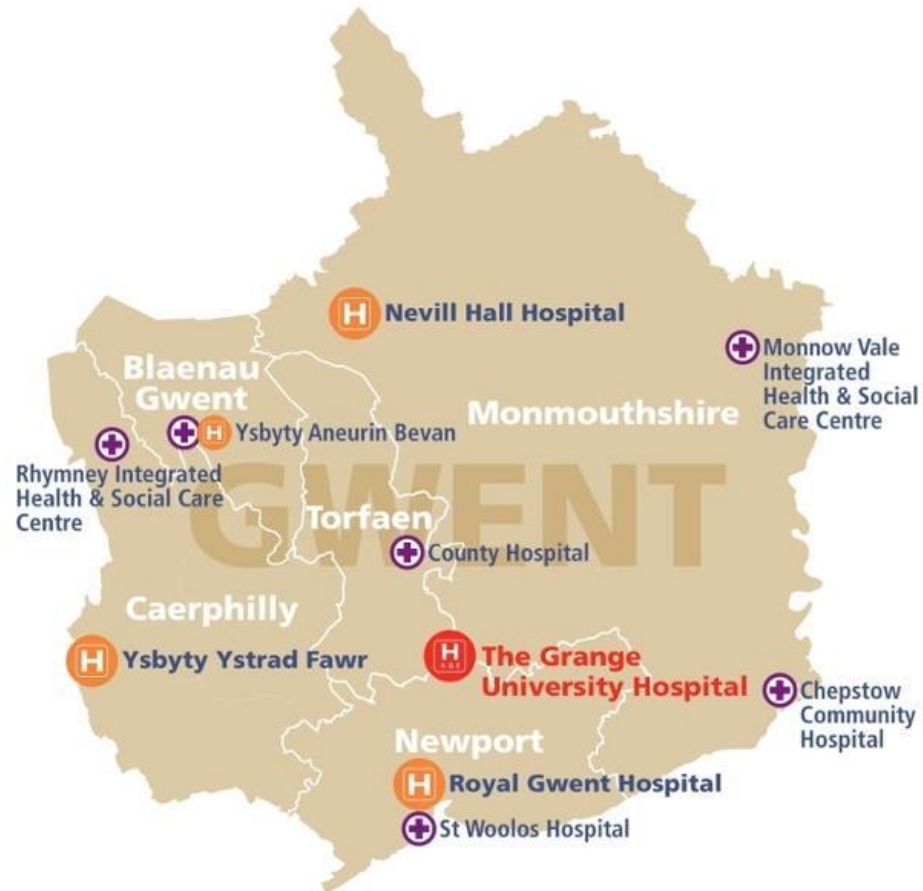


Transport to Health - T2H

Alison Owen – Project Co-Ordinator



Transport to Health - T2H



TRANSPORT TO HEALTH

1

IDEA

ABUHB tasked CTA Wales to manage a Transport to Health Pilot across the Health Board's footprint. The main objective being to get people to the new Grange Hospital, other hospitals and healthcare settings. A Partnership was formed to take the plan forward.

2

REGION

CTO's were engaged and a grant funding pot was made available to provide T2H across Blaenau Gwent, Caerphilly, Monmouthshire, Newport, Torfaen & South Powys.

3

DEVELOP

The project has been fluid allowing us to build strong relationships, using the partnership approach to enhance provision across the area by developing transport solutions that work for the communities it serves.

4

LEARNING

- Demand exceeds supply
- Funding needed
- Desperate for Volunteers
- Additional vehicles
- Share "good practice"
- More than just a journey
- "Other" services are important too

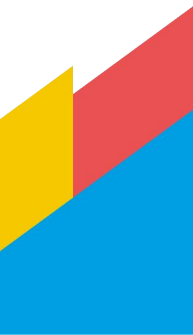
5

FUTURE

The T2H Project has been successful in developing and enhancing provision across the region. However, further investments are needed to support the development of services to meet the demand. Other Health Boards are watching closely and may consider similar projects in the future.

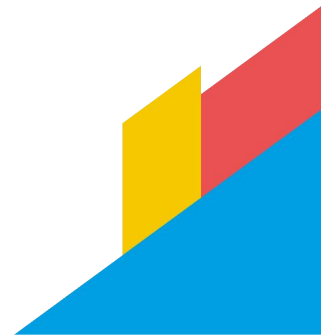
Projects

- Age Connects Torfaen
- Blaenau Gwent Car Scheme
- Cornerstone Opportunities Limited
- Crickhowell Volunteer Bureau
- Disability Can Do
- Llanwrtyd Wells Community Transport
- The Parish Trust
- Risca Community Volunteers (RCV UK)
- Torfaen Community Transport
- Tredegar Transport to Health



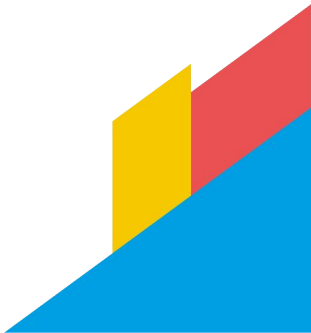
Guest Speaker: Paul Harrinton

Blaenau Gwent Car Scheme Co-Ordinator



Guest Speaker: Sacha Petrie

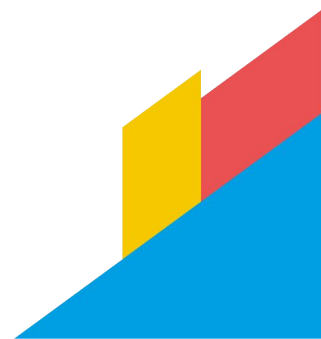
Community Development Officer –
Sustainable Transport



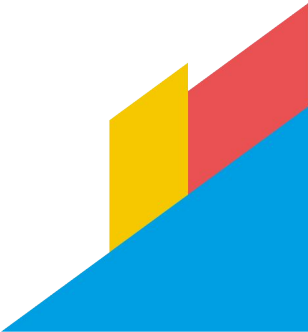


Questions for our Speakers

#CT23Conference



Mapping Exercise:



**Thank you & enjoy the
rest of the conference!**

If you'd like to get in touch: info@ctauk.org



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